

AMEX Club: Fun Run

Date: July 13th (Saturday), 7:00 a.m. - 8:00 a.m.
Location: Tokyo Yoyogi Park
Distance: 5 km
Meeting Point: B1F, Cerulean Tower Tokyu Hotel
Participation Fee: Free
Notes: To be canceled in case of rain

You're invited to participate in the Fun Run in Yoyogi Park, one of Tokyo's largest city parks, featuring wide grasses, ponds and forest areas, during the TOPIC. When you come to Tokyo, a trip is not complete unless you've ran in Yoyogi Park. Let's jog and enjoy the beautiful scenery of Tokyo and receive a free event T-shirt. This fun themed running event is the perfect balance for any runner whether a beginner or a professional.

Please meet and wait on B1 floor at the Cerulean Tower Tokyu Hotel (TOPIC lobby) at 7:00 am.

No entry fee or registration required.

Thank you.

Contact:

Toshiyuki Matsumura (Kumamoto Rosai Hospital)

The President of AMEX Club

(Anti Metabolic syndrome with EXercise)

***If you have any further questions, please call us on
0965-33-4151 or email akaradialist@yahoo.co.jp**